

BEFORE WE GO BOOKS

# Freya's Bali Storybook

A personalised Bali adventure to read, colour and remember

Made for Freya, age 7

3-STOP BALI ROUTE | CUSTOM STORY | TRAVEL PACK | AUDIO  
QR

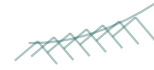
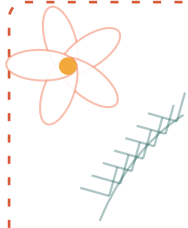
WELCOME ABOARD

# Hi Freya!

Get ready, Freya! A big adventure to Bali is coming, with Mum, Dad and big brother Tom right by your side. You will visit Seminyak, Uluwatu, Nusa Lembongan. Pack your excitement – the journey starts soon!

## YOUR BALI ROUTE





THIS ADVENTURE BELONGS TO

# Freya

This adventure belongs to Freya.

A Bali story to read, colour, solve and remember.



# About Freya

Fill this in before the trip so the book feels like a real travel passport.

**Name: Freya**

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**Age: 7**

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**Travel crew: Mum, Dad and big brother Tom**

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**Siblings/friends:**

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**My Bali route: Seminyak, Uluwatu and Nusa Lembongan**

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**Draw yourself as the Bali explorer**



# Holiday Countdown

Colour one box each sleep before Freya's Bali adventure begins.

**10**

sleeps

**9**

sleeps

**8**

sleeps

**7**

sleeps

**6**

sleeps

**5**

sleeps

**4**

sleeps

**3**

sleeps

**2**

sleeps

**1**

sleeps

**The thing I am most excited about is:**

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**One new thing I want to try is:**

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**One question I have about Bali is:**

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# Packing Checklist

Circle or tick what belongs in a Bali travel bag. A grown-up should handle passports, medicine and important documents.

☐ Hat☐ Sunscreen☐ Swimmers☐ Water bottle☐ Pencils☐ This storybook☐ Plane jumper☐ Passport with grown-up☐ Thongs/sandals☐ Favourite small toy☐ Heavy snow boots☐ Snacks if allowed

Three extra things I want to pack:

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# Airport Bingo

Tick each clue when Freya spots it at the airport, on the plane or during transfers.

**Suitcase wheels**



**Boarding gate**



**Plane wing**



**Clouds**



**Seatbelt sign**



**Snack shop**



**Passport**



**Backpack**



**Family selfie**



**The funniest thing I spotted while travelling was:**

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# Bali Fact Cards

Read these with a grown-up before you go. They are quick clues, not rules for travelling alone.

**Island clue**

Bali is an island in Indonesia.

**Language clue**

Bahasa Indonesia is widely spoken.

**Temple clue**

Temples are special places to treat respectfully.

**Ocean clue**

Reefs and beaches need gentle care.

**Food clue**

Rice, fruit and satay are common food clues.

**Nature clue**

Look for palms, flowers, waves and rice fields.

**One Bali fact I want to remember:**

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# Bali Spotting Challenge

Tick real-world clues as you see them. Some clues may appear on only one part of the route.

- |                                               |                                            |
|-----------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Palm tree            | <input type="checkbox"/> Frangipani flower |
| <input type="checkbox"/> Temple gate          | <input type="checkbox"/> Beach wave        |
| <input type="checkbox"/> Boat                 | <input type="checkbox"/> Fish              |
| <input type="checkbox"/> Coconut              | <input type="checkbox"/> Rice field        |
| <input type="checkbox"/> Monkey from far away | <input type="checkbox"/> Sunset colours    |
| <input type="checkbox"/> Market fruit         | <input type="checkbox"/> A kind local word |

**My route clues: Seminyak, Uluwatu and Nusa Lembongan**

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# Bali Food Adventure

Use this as a spotting page. A grown-up decides what is safe to eat or drink.

**Coconut drink**



**Fresh mango**



**Watermelon**



**Smoothie bowl**



**Satay**



**Nasi goreng**



**Banana pancake**



**Cold water**



**The yummiest Bali food or drink I tried was:**

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# Weather And Money

Use this page with a grown-up before the trip. Weather and money can change, but these clues help young travellers know what to expect.

## Warm weather



Bali is usually warm, so hats, shade and water matter.

## Tropical rain



A quick rain shower can happen, especially in wet season.

## Beach safety



A grown-up checks flags, currents and swim spots first.

## Indonesian rupiah



Bali uses Indonesian rupiah. The notes have big numbers.

## Grown-up money job



Adults handle cards, cash, tips and exchange rates.

## Polite shopping



Look, listen, smile and ask before touching special things.

**Today in Bali, the weather might be:**

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**One money question I can ask my grown-up:**

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# Bali In The World

Freya's main route map shows the real Bali stops. This page adds the bigger picture: Bali is part of Indonesia.

## Where Bali sits on the map



Australia to Bali

Bali is an island in Indonesia, north-west of Australia.

## Colour the Indonesian flag



## Country



Indonesia

## Island



Bali

## Nearby clue



North-west of Australia



## Capital clue

Denpasar is Bali's capital city

# How To Be A Responsible Tourist

A good explorer notices more than the fun bits. Freya can help Bali stay beautiful by travelling carefully with the grown-ups.

- |                                                                |                                                                      |
|----------------------------------------------------------------|----------------------------------------------------------------------|
| <input type="checkbox"/> Put rubbish in the right bin          | <input type="checkbox"/> Use a refill bottle when you can            |
| <input type="checkbox"/> Stay on paths near temples and cliffs | <input type="checkbox"/> Watch animals from a safe distance          |
| <input type="checkbox"/> Do not take shells, coral or plants   | <input type="checkbox"/> Ask before taking close-up photos of people |
| <input type="checkbox"/> Use kind words like thank you         | <input type="checkbox"/> Let grown-ups check ocean and road safety   |

**My responsible traveller promise:**

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**One beautiful Bali thing I can protect:**

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## Bali Word Scramble

Unscramble each Bali travel word. The answers are in the helpful hints page near the back.

**IABL**

answer 1

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**UTAWUUL**

answer 2

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**ELPMTE**

answer 3

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**HECAB**

answer 4

---

**TOBA**

answer 5

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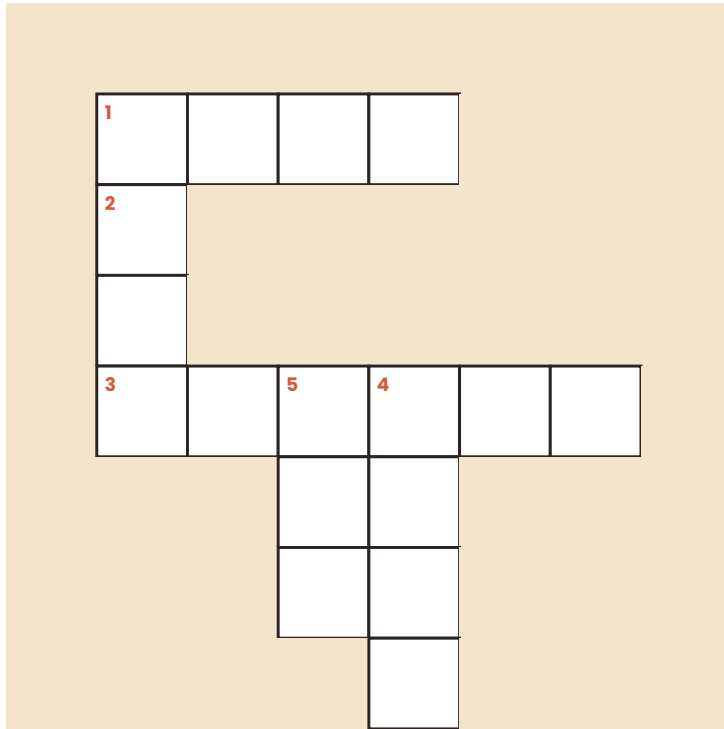
**EFRE**

answer 6

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# Bali Mini Crossword

Use the clues to fill the blank boxes. Short answers keep this one friendly for the plane or the hotel room.



## Across

- 1. Island in Indonesia
- 3. Special quiet place with gates

## Down

- 2. Travel across water
- 4. Tropical tree clue
- 5. Helps you find the route

**My extra clue for Freya:**

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# Bali ABC Search

Can Freya find, draw or remember a Bali clue for lots of letters? It is fine to leave tricky letters blank.

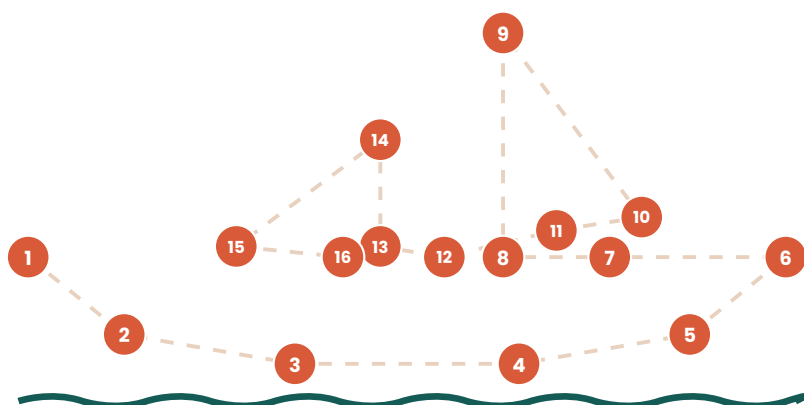
|          |       |          |       |
|----------|-------|----------|-------|
| <b>A</b> | _____ | <b>N</b> | _____ |
| <b>B</b> | _____ | <b>O</b> | _____ |
| <b>C</b> | _____ | <b>P</b> | _____ |
| <b>D</b> | _____ | <b>Q</b> | _____ |
| <b>E</b> | _____ | <b>R</b> | _____ |
| <b>F</b> | _____ | <b>S</b> | _____ |
| <b>G</b> | _____ | <b>T</b> | _____ |
| <b>H</b> | _____ | <b>U</b> | _____ |
| <b>I</b> | _____ | <b>V</b> | _____ |
| <b>J</b> | _____ | <b>W</b> | _____ |
| <b>K</b> | _____ | <b>X</b> | _____ |
| <b>L</b> | _____ | <b>Y</b> | _____ |
| <b>M</b> | _____ | <b>Z</b> | _____ |

# Doodle And Dot-To-Dot

Connect the dots first, then use the big box to doodle one thing from the Bali trip.

## Connect the Bali boat

Join 1-16 to finish the island boat, then colour the waves underneath.



## Doodle page

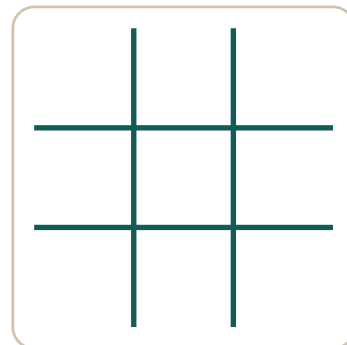
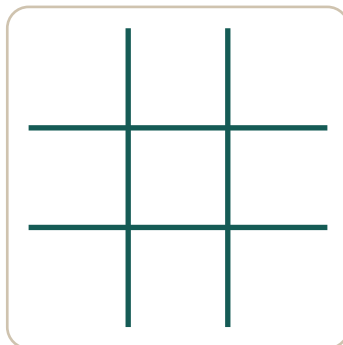
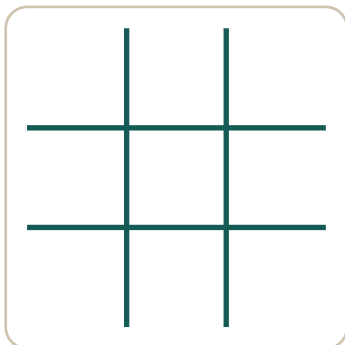
Draw one thing from the Bali trip here.



# Tic Tac Toe And Jokes

Quick games for waiting at airports, restaurants, ferries or hotel rooms.

## Tic tac toe



## Travel jokes

**Why did the suitcase go to Bali?**

Because it needed a little unpacking time.

**What did the wave say to the beach?**

Nothing – it just waved.

**Why was the map good at stories?**

It always knew where the plot was going.



# Seminyak

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Freya's Bali story began on the sand at Seminyak, with Mum, Dad and big brother Tom close enough to hear the waves together. The grown-up plan was folded away now, because the real page was happening under Freya's feet. Beach umbrellas made small islands of shade. Palm leaves clicked softly above the path. The air smelled like salt, flowers and sunscreen, and every sound seemed to be asking Freya to notice one true thing before the day moved on. Freya decided the first true thing was the way the beach felt busy and gentle at the same time. That first choice gave the chapter a shape the whole family could follow.

Freya watched the sky turn pink and gold as the sun dipped into the ocean. Instead of rushing to name the colours, Freya made a prediction game: pink first, then orange, then maybe a purple stripe right at the edge of the sea. The sky seemed to listen. It changed slowly, almost politely, as if it wanted Freya to keep up. Mum, Dad and big brother Tom watched too, and when the guessed colour appeared, everyone smiled like Seminyak had answered a question only this family had asked. Freya saved the answer quietly: look carefully, and the place looks back. It felt like a quiet game, but it made the sunset belong to Freya.



# Seminyak



At the pool, a frangipani flower landed on the water and began drifting in tiny circles. Freya noticed how each splash changed the flower's path. That became the puzzle of the afternoon: could the flower reach the sunny corner without anyone touching it? Freya tested the water with gentle hands, then waited, watched, and tried again. Too much splash pushed it away. A softer ripple helped it travel. The flower floated across as if it had been waiting for a small captain who understood that gentle could still be powerful. The answer was not to splash harder; it was to notice what helped.

Freya splashed and floated in the cool, sparkling swimming pool. After the water, the fruit tasted brighter than it looked: mango-yellow, watermelon-red, banana-soft and sweet. Freya chose a favourite flavour and then chose a word for the day. It did not have to be a fancy word. It only had to fit. Seminyak felt like "golden" to Freya, because the sunset, the pool ripples and the fruit bowls all seemed to glow from the inside. Mum, Dad and big brother Tom agreed that golden could be a colour and a feeling at once. That made the word feel easy to remember when the day slowed down.



# Seminyak

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The family made a trail of footprints near the edge of the beach. Freya invented the rule: one careful step, one silly step, then one step that looked as if it belonged to a secret dance. Soon the trail was wobbling across the sand, and nobody could remember whose idea had become whose step. That made it even better. A real holiday memory had arrived without needing to be planned. It belonged to the family because they had made it together, one odd footprint at a time. The best part was that everyone had helped make the silly trail.

When it was time to leave Seminyak, Freya carried the golden feeling forward instead of leaving it behind. It was in the towel smell, the fruit taste, the pool ripples and the funny family footprints. As the road turned toward Uluwatu, the story did not start again. It simply changed height, climbing away from the soft beach light toward wind, stone and a wider blue sea. Freya wondered what golden would look like from somewhere high. By the time the beach disappeared behind the road, Seminyak still felt close.



## Uluwatu



Golden beach light was still with Freya when the road climbed toward Uluwatu. The sea began to look lower and bigger at the same time, which did not seem possible until Freya saw it through the window. The air changed too. It felt sharper, windier, as if the day had taken a deep breath before the family reached the temple path. Freya noticed that the golden feeling from Seminyak had become braver up here. It was the same feeling, just standing taller. The higher road made the same Bali story feel bigger without making it scary.

At the temple, Freya walked past a stone temple decorated with carvings and flower offerings. The stones looked old enough to remember thousands of footsteps, so Freya tried to make each step careful. There was a quiet rule to solve here: look properly, walk slowly, keep close, and let the place feel important. Mum, Dad and big brother Tom did not rush ahead. They matched Freya's pace, and the temple became less enormous with every steady step. Freya liked that being careful could still feel like leading. The path seemed to reward slow feet with better things to notice. That careful pace became Freya's way of leading the chapter.

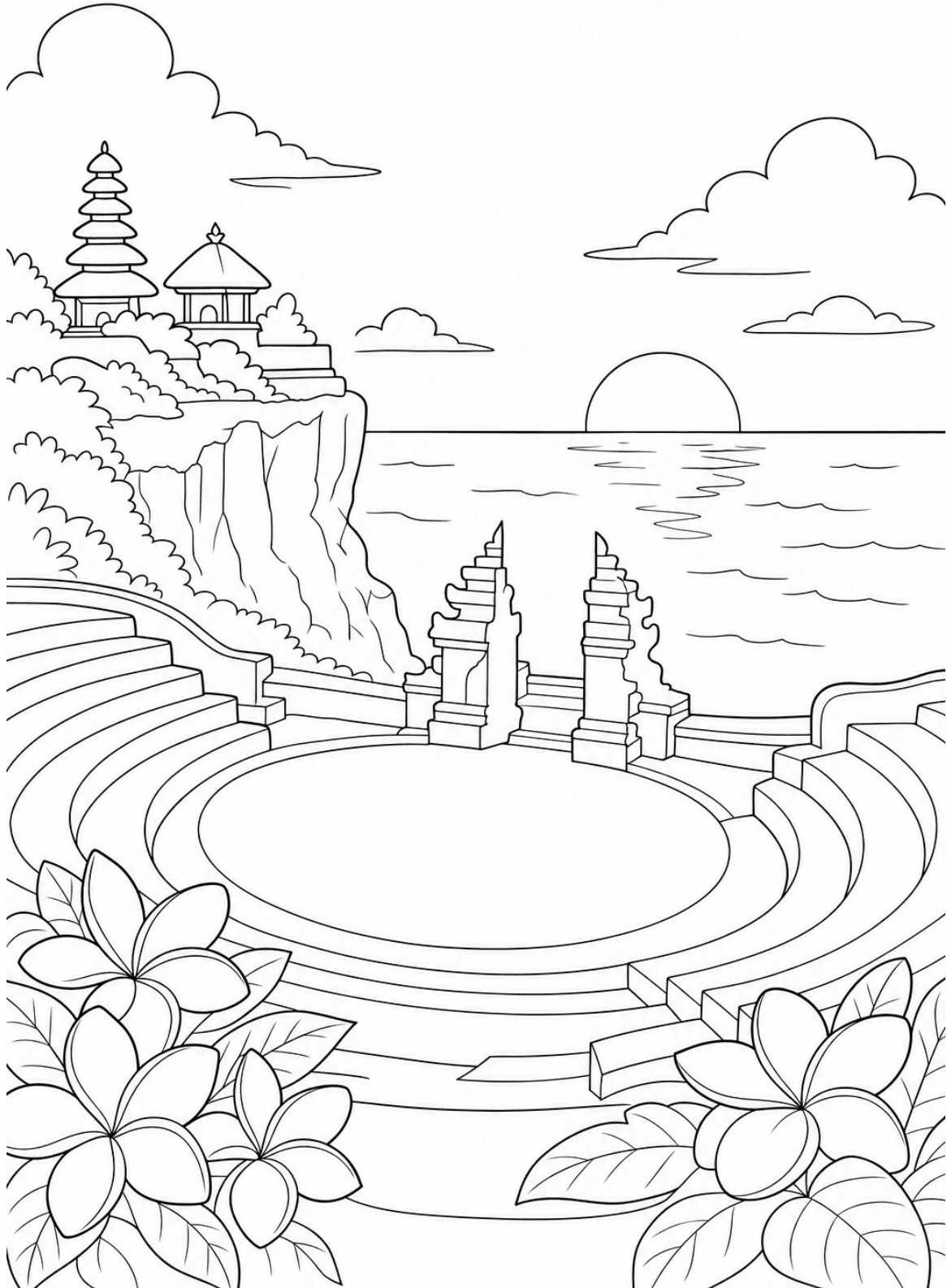


# Uluwatu



A monkey appeared near the wall with a face that looked almost too serious. Freya remembered the safe rule straight away: watch from a distance, keep loose things close, and enjoy the monkey without bothering it. That made Freya feel clever, not scared. The monkey scratched its ear, glanced at the family, and seemed to approve of the sensible plan before springing lightly away. Freya checked the backpack strap once, just to prove the family explorer was paying attention. Everyone laughed quietly, which felt exactly right for a temple on a cliff. Safe watching turned the monkey moment into something funny and sensible at once.

The cliff lookout asked for a different kind of attention. Far below, the waves folded white lines into the blue water. Freya made a listening game for everyone: first hear the wind, then the sea, then the closest family voice. It was harder than it sounded, because Uluwatu had so many layers. When Freya got the order right, the whole cliff seemed easier to understand. Even the wind felt less wild once it had been sorted into sounds. Freya stood still long enough to feel proud without saying it out loud. Sorting the sounds made the whole cliff feel easier to stand inside.

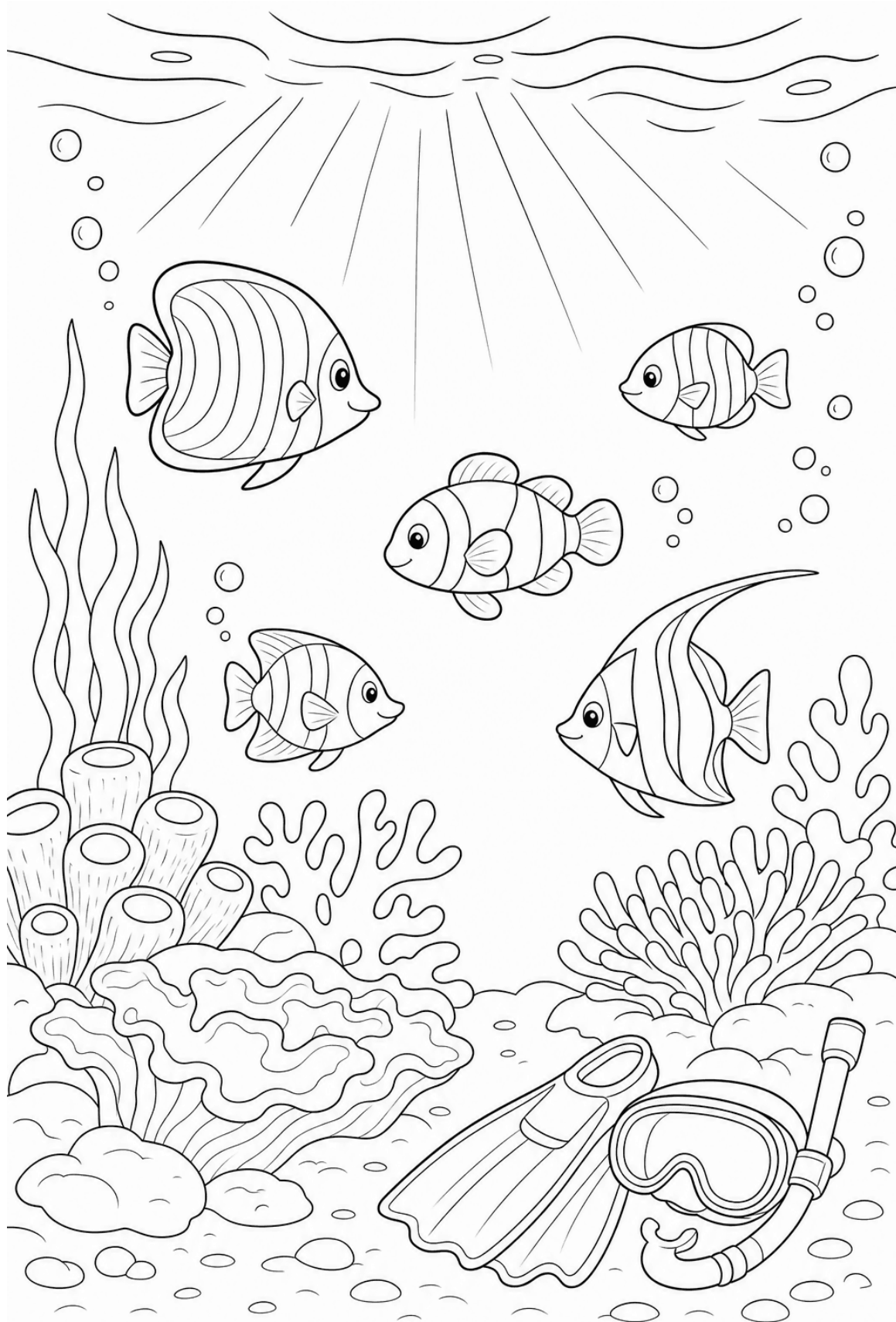


## Uluwatu



Near a flower offering, Mum, Dad and big brother Tom found the word "Pura", which means "Temple". Freya tried the sound quietly and looked back at the stone gate. The word made the place feel less like scenery and more like somewhere people cared for. That was the magic here: not a spell, but the feeling that old stone, sea wind and careful feet could all belong in the same moment. Freya gave the word a careful place beside the monkey smile and the safe steps. It made the chapter feel respectful as well as exciting. The word gave the temple page a calm, careful kind of magic.

When the family left Uluwatu, Freya carried wide ocean courage beside the golden Seminyak feeling. The two memories sat together without bumping into each other: soft beach light and strong cliff wind. As the next part of the trip moved toward Nusa Lembongan, Freya could almost feel the story changing shape again, from high stone paths to rocking water. This time, Freya was ready to meet the change and work out its rhythm. By the time the road dipped away, Freya knew careful confidence could travel too.

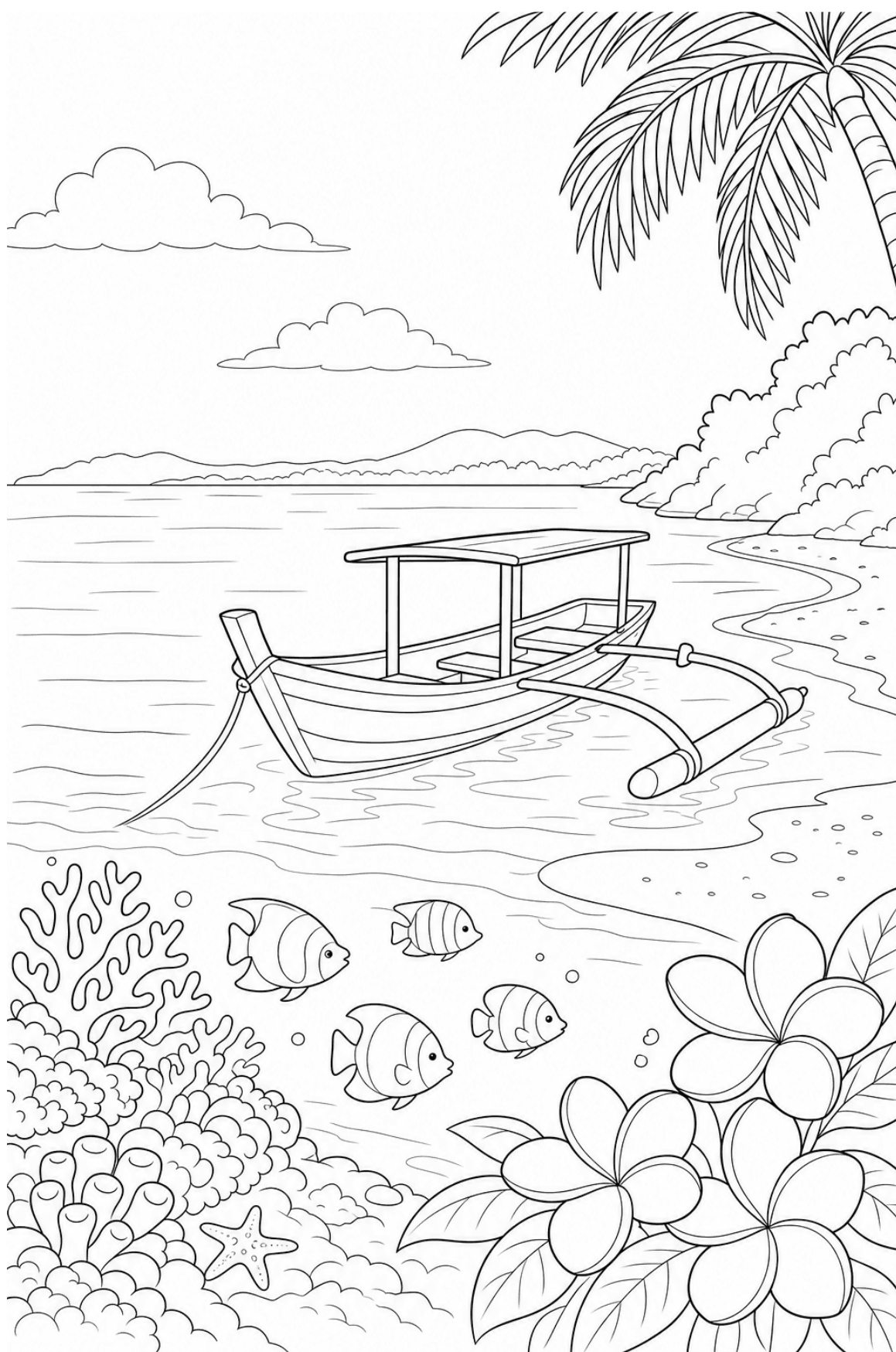


## Nusa Lembongan

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Wide ocean courage came with Freya toward Nusa Lembongan. The island did not feel like a new beginning. It felt like the story had found water. Boats moved gently beside the shore, and the sea flashed with pieces of light. Freya could still remember Uluwatu's wind, but here the air seemed softer, as if it was asking everyone to listen with their eyes. The next problem was not high steps. It was moving water, and Freya wanted to understand it. That softer feeling helped Freya arrive without starting the story over.

Freya peered through a snorkel mask at fish in every colour of the rainbow. The boat had its own rhythm, and Freya worked it out like a quiet code: lift, settle, splash, pause. Once the pattern made sense, the rocking felt friendly instead of strange. Mum, Dad and big brother Tom noticed Freya counting the rhythm under their breath, and soon everyone was doing it together. The boat seemed pleased to have a small expert aboard. Freya liked that the answer had been there in the movement all along. Counting the boat rhythm made everyone feel as if they were part of the crossing.

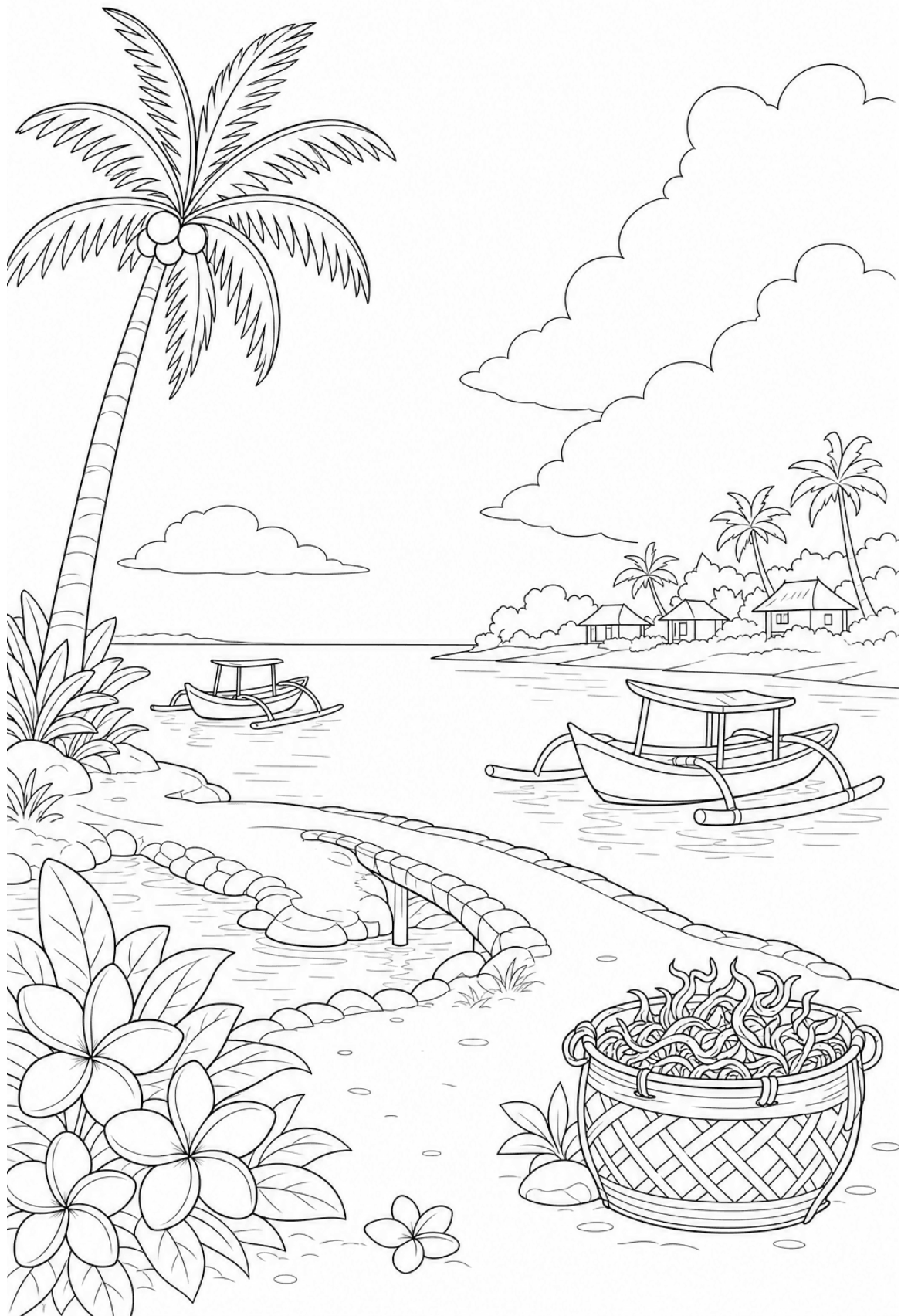


## Nusa Lembongan

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Over the reef, a fish flashed past like a painted arrow. Freya chose one colour to follow, but the water kept offering new answers: blue, yellow, silver, then a stripe that looked almost impossible. The game changed from finding one fish to noticing how the whole lagoon moved. That was when Nusa Lembongan stopped being just pretty water and became a living page under the boat. Every fish seemed to write a tiny sentence in the sea. Freya did not know all the words yet, but the colours helped. The colours made the reef feel like a page that kept rewriting itself.

Freya felt the little boat rock gently over the sparkling water. At first there were too many bubbles, too much blue and too many tiny movements to sort at once. Freya solved it by choosing one job: breathe calmly, look slowly, follow one fish at a time. The reef became clearer after that. Some fish darted like commas. Some hovered like they were thinking. Freya watched until the underwater story made sense. The sea had not become quieter. Freya had learned how to read it. Choosing one small job made the underwater world feel friendly enough to read.



## Nusa Lembongan



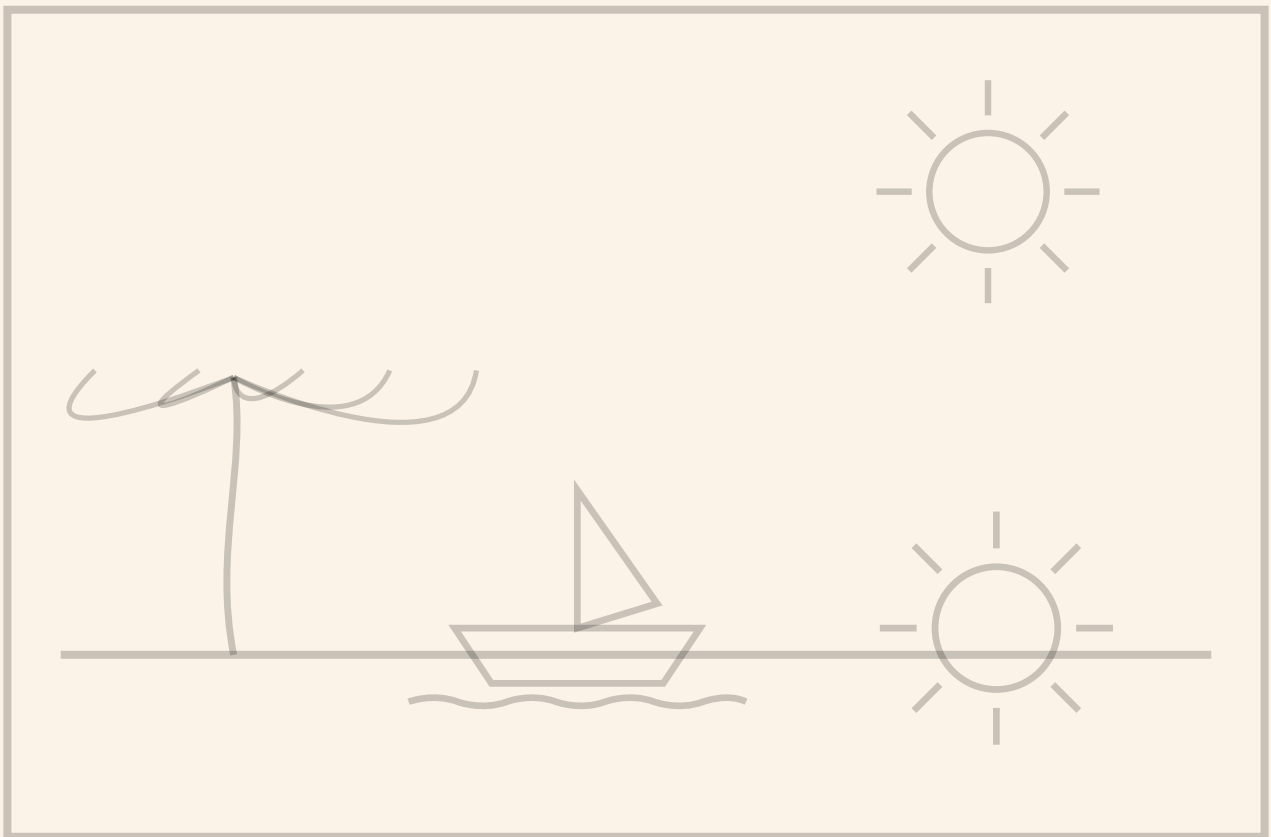
Later, when everyone was dry again, the family compared what they had seen. One person remembered the boat's soft rocking. One remembered the brightest fish. One remembered Freya's careful face behind the mask. Freya kept the blue lagoon feeling, shiny and quiet. Freya chose one extra detail to remember: a sound, a colour, a laugh, or the exact feeling of the air. It felt good to know each person had carried a different corner of the same ocean memory. Together, the pieces made the water feel close again. The shared pieces made the ocean memory feel bigger than one person's view.

By the end, Seminyak, Uluwatu and Nusa Lembongan did not feel like three separate pieces. They felt like one Bali adventure changing colour as it moved: golden sand, high blue cliffs, then clear water full of fish. Freya had guessed, watched, solved, listened and led small parts of the way. That was the real magic: a real family, real places, and Freya right at the centre of the story. When the book opened later, the whole adventure could open too. The whole route now felt joined together by things Freya had noticed on purpose.

AFTER THE STORY

# Activity Pack

The adventure story is finished. Now Freya can colour the scenes, solve the puzzles, practise Bali words and keep notes from the trip.



# Colour in Seminyak!



Grab your crayons or pencils - any colours you like!

# Speak like a local in Seminyak

Bali speaks Bahasa Indonesia. Try saying these words out loud before your trip!

## Pantai

means "Beach"

## Matahari terbenam

means "Sunset"

## Ombak

means "Wave"

# Seminyak Discovery Log

Use this page when Freya reaches Seminyak. Notice the real place, then add a few details of your own.

**Landmark: the long stretch of sand where the sky turns pink and orange every evening**

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**Things to try: beach sunset and swimming pool**

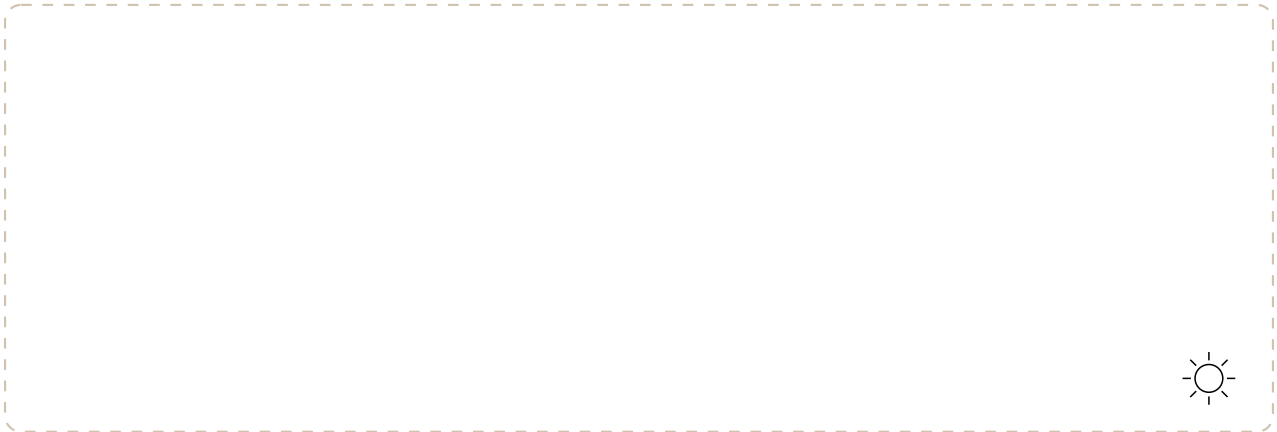
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**Local words: Pantai = Beach | Matahari terbenam = Sunset | Ombak = Wave**

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**Draw the best thing you spotted here**



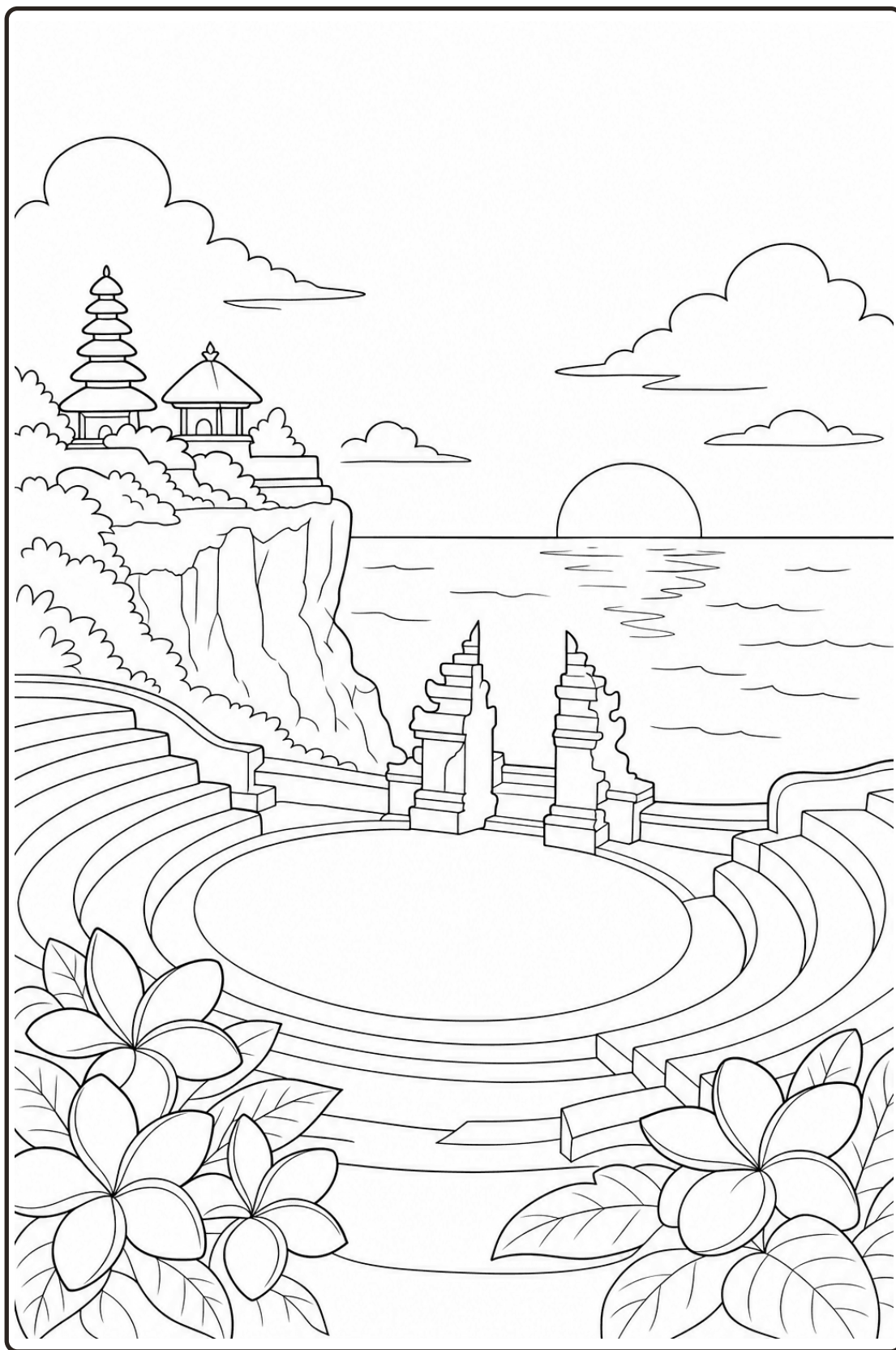
## Word search: Seminyak

Can you find them all?

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| B | N | Q | N | S | A | N | D | S | D |
| C | F | X | S | E | O | C | E | A | N |
| W | R | A | B | U | S | H | E | L | L |
| G | U | B | C | R | N | K | D | P | Z |
| F | I | J | E | P | W | S | M | N | V |
| L | T | X | N | A | O | A | E | D | X |
| O | S | U | V | Q | C | D | V | T | P |
| W | S | O | M | Z | K | H | N | E | O |
| E | Q | Z | R | E | W | K | Q | O | O |
| R | V | K | H | N | H | U | R | Q | L |

Find these words: Sunset • Flower • Beach • Ocean • Shell • Fruit •  
Wave • Sand • Pool • Sun

# Colour in Uluwatu!



Grab your crayons or pencils - any colours you like!

# Speak like a local in Uluwatu

Bali speaks Bahasa Indonesia. Try saying these words out loud before your trip!

**Pura**

means "Temple"

**Tebing**

means "Cliff"

**Kera**

means "Monkey"

# Uluwatu Discovery Log

Use this page when Freya reaches Uluwatu. Notice the real place, then add a few details of your own.

**Landmark: a temple balanced right on the edge of a tall sea cliff**

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**Things to try: temple visit and spotting monkeys**

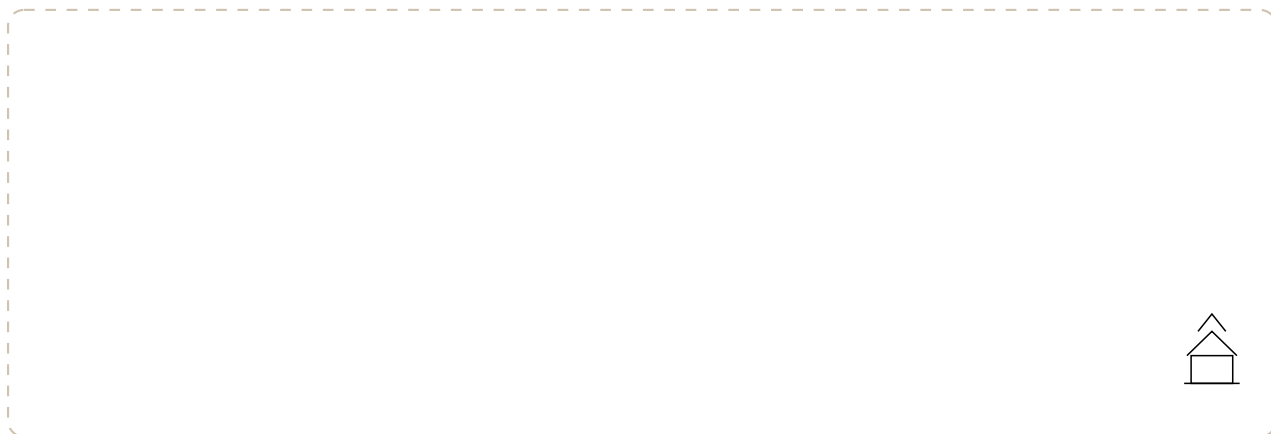
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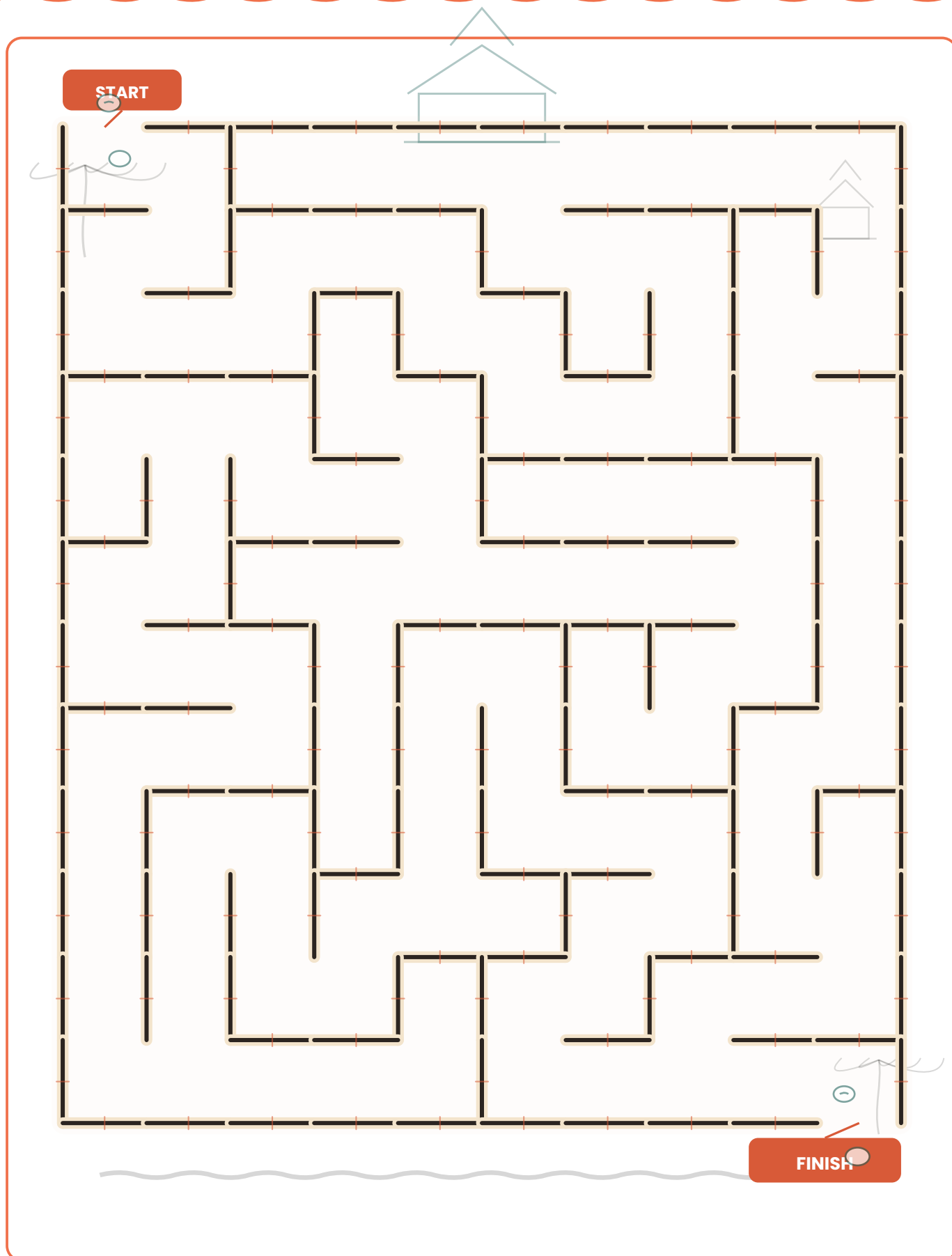
**Local words: Pura = Temple | Tebing = Cliff | Kera = Monkey**

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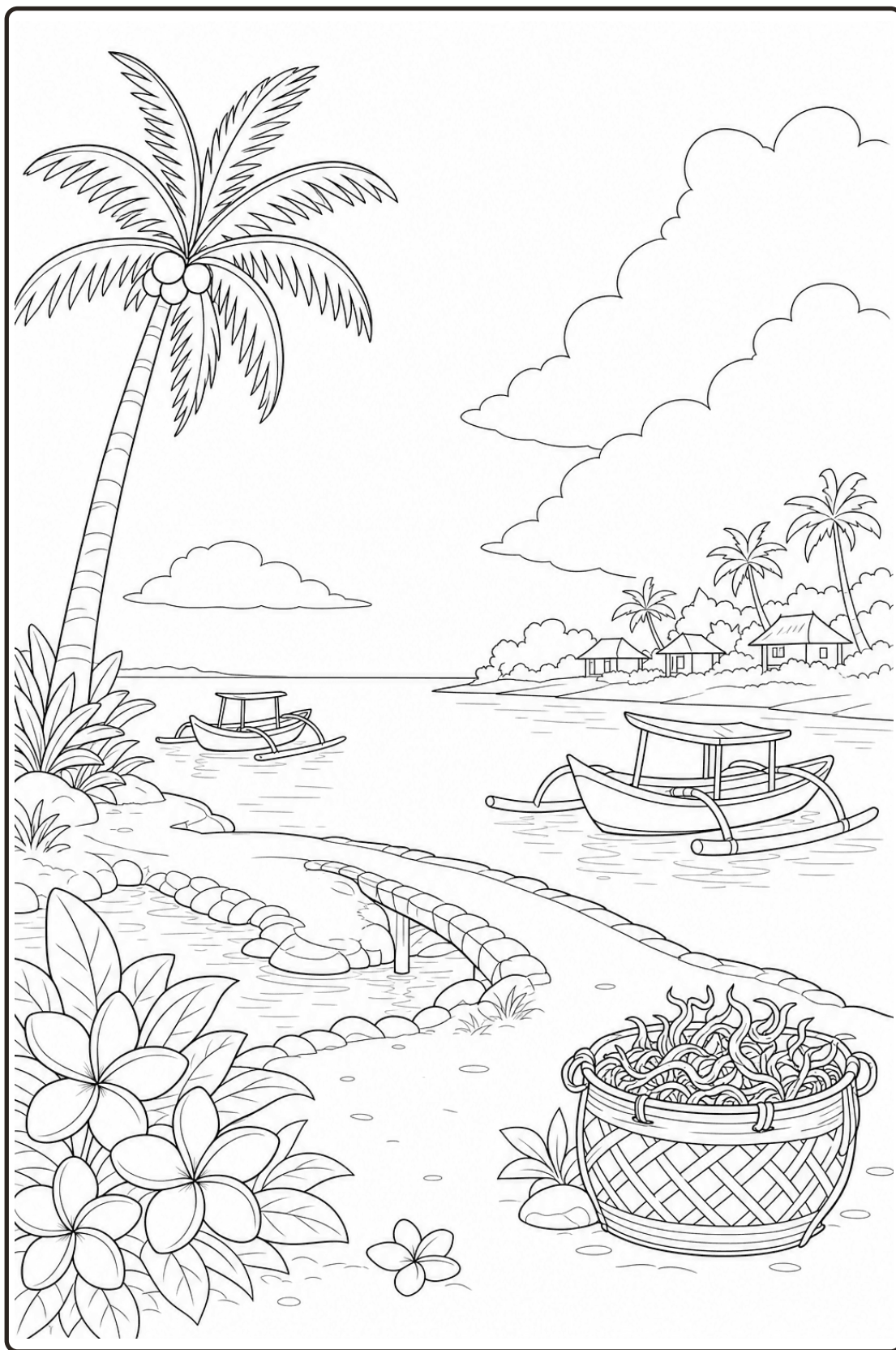
**Draw the best thing you spotted here**



## Help Freya reach Uluwatu!



# Colour in Nusa Lembongan!



Grab your crayons or pencils - any colours you like!

# Speak like a local in Nusa Lembongan

Bali speaks Bahasa Indonesia. Try saying these words out loud before your trip!

**Laut**

means "Sea"

**Ikan**

means "Fish"

**Perahu**

means "Boat"

# Nusa Lembongan Discovery Log

Use this page when Freya reaches Nusa Lembongan. Notice the real place, then add a few details of your own.

**Landmark: a little wooden boat bobbing over a reef full of colourful fish**

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**Things to try: snorkeling and boat ride**

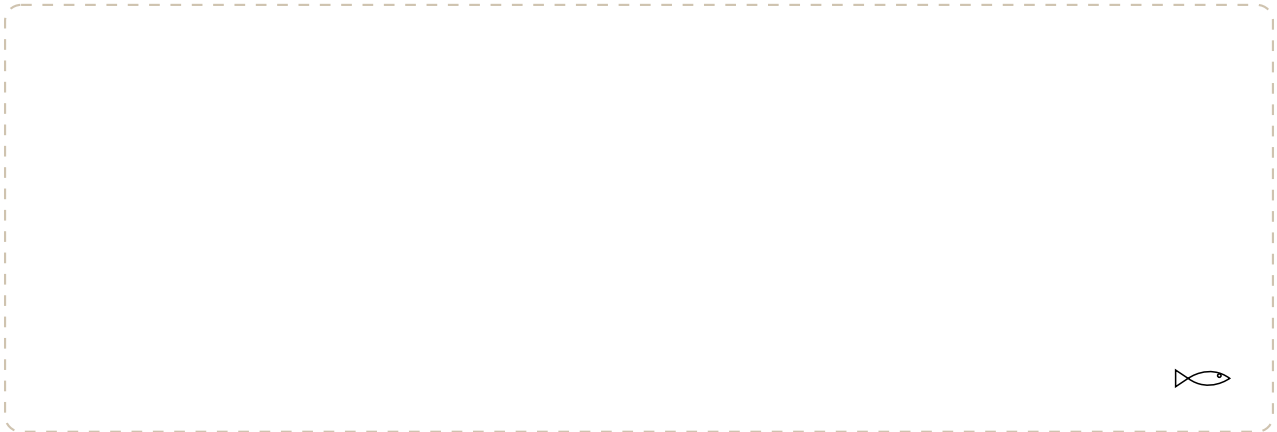
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**Local words: Laut = Sea | Ikan = Fish | Perahu = Boat**

---

**Draw the best thing you spotted here**



## MATCH WORDS

# Bali word match: Nusa Lembongan

### Match each word

Draw a line from each Bali word to what it means.

Laut



Fish

Ikan



Sea

Perahu



Boat

# Freya's Bali route

## What happened first?

Write 1, 2, 3... to put the Bali stops in your story order.

☐

**Seminyak**

☐

**Nusa Lembongan**

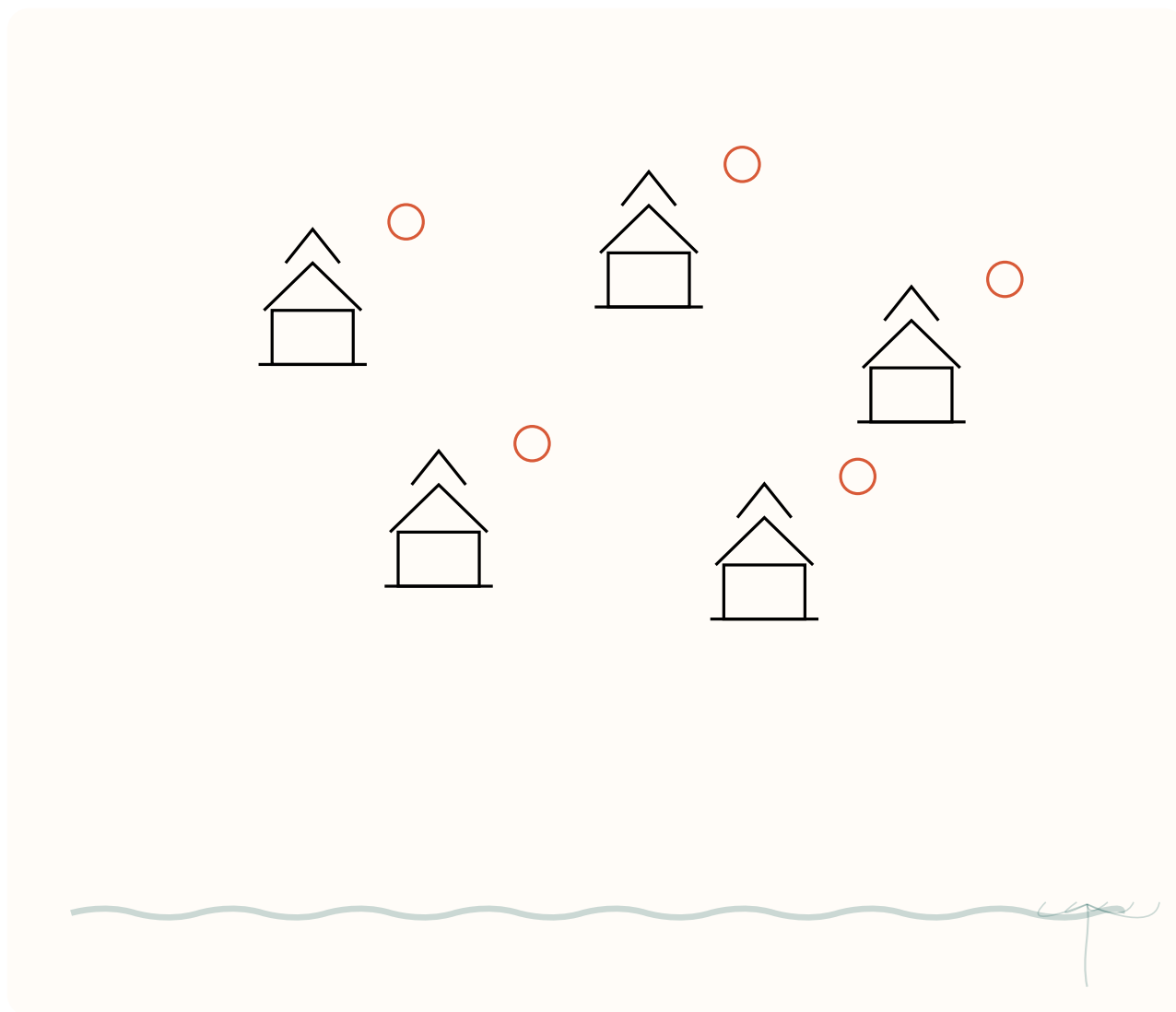
☐

**Uluwatu**

# Uluwatu spotting game

## Count the temple gates at Uluwatu!

Look carefully. Circle each one you find, then say or write the number below.



I counted

temple gates on this page.

Tip: colour them in when you have counted them all.

## Word search: Nusa Lembongan

Can you find them all?

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| G | X | Q | M | E | T | B | L | A | S |
| M | N | D | A | L | P | U | F | R | E |
| F | P | M | S | A | Y | B | R | I | A |
| C | D | F | K | G | R | B | E | S | L |
| Q | O | N | P | O | P | L | E | L | V |
| E | F | R | R | O | H | E | F | A | P |
| B | G | I | A | N | F | S | T | N | D |
| N | O | K | S | L | A | R | E | D | Z |
| E | X | A | U | H | W | A | T | E | R |
| K | B | W | T | K | H | Y | E | S | Q |

Find these words: Bubbles • Island • Lagoon • Coral • Water • Fish •  
Boat • Reef • Mask • Sea

# My Bali Passport

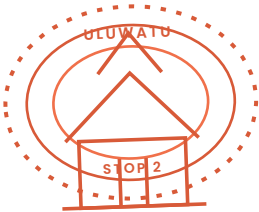
Freya can colour a stamp for each real stop, then fill in the arrival date on holiday.



STOP 1 OF 3

## Seminyak

WE ARRIVED: \_\_ / \_\_ / \_\_



STOP 2 OF 3

## Uluwatu

WE ARRIVED: \_\_ / \_\_ / \_\_



STOP 3 OF 3

## Nusa Lembongan

WE ARRIVED: \_\_ / \_\_ / \_\_

# Listen Along



## Freya's listen-along story

Scan with a grown-up to listen to the story while turning the pages together.

<https://beforewegobooks.au/listen?listenId=freya-seminyak-uluwatu-nusa-lembongan>

### STORY TRACK LIST

1

#### Seminyak

3 chapters

about 5 min

2

#### Uluwatu

3 chapters

about 5 min

3

#### Nusa Lembongan

3 chapters

about 5 min

# My Bali Memories

My favourite place was...

---

---

The yummiest thing I ate was...

---

---

The funniest thing that happened was...

---

---

A new word I learned was...

---

---

Next time, I want to...

---

---

## MY BALI PHOTO

(stick a printed photo here, or draw your favourite memory!)

# Freya's Bali Badges

Colour a badge when you finish each mission. Add your own badge at the bottom.



**Packed my bag**



**Read the story**



**Found my route**



**Tried a local word**



**Solved a puzzle**



**Protected nature**



**Recorded a memory**



**Listened along**



**My own badge:**

---

## Answer Key And Helpful Hints

Some pages are open-ended. Use this page for the few answers that help younger travellers check their work.

**Route order: 1. Seminyak | 2. Uluwatu | 3. Nusa Lembongan**

**Packing: heavy snow boots stay home. Passport and medicine stay with a grown-up.**

### Extra puzzle answers

Word scramble: BALI, ULUWATU, TEMPLE, BEACH, BOAT, REEF.

Crossword: 1 BALI, 2 BOAT, 3 TEMPLE, 4 PALM, 5 MAP.

Weather and currency: check live weather and exchange rates with a grown-up before travelling.

### Local word answers

Seminyak: Pantai = Beach

Seminyak: Matahari terbenam = Sunset

Seminyak: Ombak = Wave

Uluwatu: Pura = Temple

Uluwatu: Tebing = Cliff

Uluwatu: Kera = Monkey

Nusa Lembongan: Laut = Sea

Nusa Lembongan: Ikan = Fish

Nusa Lembongan: Perahu = Boat

### Helpful safety reminders

1. Monkeys: watch from a safe distance and keep loose items secure.
2. Ocean: swim only where a grown-up says it is safe.
3. Temples: follow local signs, clothing rules and grown-up guidance.

CERTIFICATE OF ADVENTURE



**Freya**

Freya explored Bali with a brave heart and curious eyes -  
what an adventurer!

**Seminyak -> Uluwatu -> Nusa Lembongan**

Awarded for bravery, curiosity and excellent holiday packing.

\_\_\_\_\_  
signature



BEFORE WE GO BOOKS

# My Bali Storybook

A personalised story and travel activity pack made before  
the holiday begins.

THIS BOOK BELONGS TO

**Freya**

Seminyak -> Uluwatu -> Nusa Lembongan

Read it, colour it, listen along, then bring the memories home.

